

**“It is about
doing
things with
people,
rather than
“to” them“**

- Person-Centered Care



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Co-funded by the
Erasmus+ Programme
of the European Union

The "IntegraCare" project is co-financed by the Erasmus+ Program of the European Union. The content of this publication is the exclusive responsibility of the project partners, as its authors, and neither the European Commission nor the Spanish Service for the Internationalization of Education (SEPIE) are responsible for the use that may be made of the information contained herein.

IntegraCare

**Person-centred care training
program for multidisciplinary
professionals**

2020-1-ES01-KA202-082311

IntegraCare Training: Person-centred care of dependent people

aims at

Allowing the **professionals** to apply a critical person-centered treatment models.

Promoting dependent people's **personal autonomy**, active and healthy lives.

Raising awareness of the link between **integral person-centered care** and the **quality of life of dependent people** and its core dimensions: emotional well-being, interpersonal relationships, material welfare, personal development, physical well-being, self-determination, social inclusion and rights.

the results.

The **IntegraCare Training Programme** is the main output of the project, and offers a professional-focused and practical training around the main key topics of person-centered care. It includes 4 modules and a set of references, resources and tools for direct use in real settings.

this training was designed basising on the results from the **transnational research** conducted by partners among more than 30 professionals from social-health care sector(s) and from multiple disciplines. The conclusions and identified 10 **Successful Case Studies** are made avialable in a Report.

Access to the project info and the IntegraCare Training Programme in English, Spanish, Polish, Italian, Greek and Estonian can be found here <https://www.integracare.eu/>

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[IntegraCare Project in FACEBOOK](#)

the team.

